



NUTRITION INFO

The following chart outlines the nutritional value of the Jack Astor's core menu items. This does not include any menu items that Jack Astor's is currently testing or featuring for a limited time in our restaurants.

SERVING SIZE CALORIES CALORIES FROM FAT TOTAL FAT (G) SATURATED FAT (G) TRANS FAT (G) CHOLESTERAL (MG) SODIUM (MG) CARBOHYDRATES (G) FIBER (G) SUGARS (G) PROTEIN (G) VITAMIN A %V VITAMIN C %DV CALCIUM %DV IRON %DV

DON'T WORRY, BE APPY

Sweet & Spice and Everything Nice Edamame	113 g	469	255	28.3	4	0.0	0	658	30	20	11	31	0	45	40	60
Bangkok Spring Rolls (Sauce Included)	255 g	490	63	7.0	2	3.7	0	1051	92	6	46	5	60	25	8	4
Jack's Golden Calamari (Sauces Included)	300 g	476	111	12.4	3	0.1	33	887	43	1	6	47	8	10	15	90
Grilled Chicken Quesadilla (Sauces Included)	351 g	987	484	53.7	28	0.8	180	2142	71	5	6	60	15	70	80	30
Lobster & Crab Dip	500 g	938	263	29.2	6	0.1	44	2291	134	11	3	36	4	8	40	30
Thai Chicken & Vegetable Summer Rolls (Sauce Included)	251 g	637	96	10.6	1	0.4	49	4077	104	4	56	24	100	90	10	8
Jack's Macho Nachos - Vegetable	555 g	1497	672	74.6	34	1.6	172	4392	146	21	16	74	45	100	100	35
Jack's Macho Nachos - Beef	725 g	1713	771	85.7	37	2.1	199	5262	164	26	21	84	70	100	100	45
Shanghai Lettuce Wraps	340 g	689	211	23.5	4	2.5	68	1468	86	11	42	41	100	35	15	25
Walk the Guac	284 g	572	317	35.2	5	0.0	0	1124	64	21	6	10	20	70	10	15
Betta with Feta Guacamole	340 g	721	375	41.7	9	0.0	25	1766	81	24	8	20	30	90	25	15
Bruschetta	441 g	694	186	20.6	5	0.1	23	2035	107	7	16	23	30	100	30	45
Goat Cheese Dip	371 g	580	275	30.5	17	0.9	95	865	69	10	8	12	50	35	20	20
Wings 1lb (Sauces Not Included)	247 g	1140	660	73.2	20	0.9	350	597	27	3	3	87	100	15	10	35
Wings 2lb (Sauces Not Included)	324 g	2412	2199	146.0	41	1.7	699	1021	37	4	3	172	100	20	15	60
• Blue Cheese Sauce	2 floz	188	154	17.1	3	0.2	12	567	6	0	3	1	0	0	4	2
• Mild Wing Sauce	2 floz	228	223	24.7	4	0.4	0	590	1	0	1	0	0	10	0	0
• Medium Wing Sauce	2 floz	207	201	22.3	3	0.3	0	1110	1	0	1	0	0	10	0	0
• Hot Wing Sauce	2 floz	176	168	18.6	3	0.3	0	916	3	1	1	0	25	2	0	2
• Honey Garlic Wing Sauce	2 floz	170	1	0.1	0	0	0	261	42	0	36	1	0	25	2	4

NOT ROUTINE POUTINE

Classic Poutine	425 g	2896	358	39.8	17	4.3	58	2243	101	9	1	22	2	40	15	20
Chicken BLT Poutine	574 g	3288	623	69.2	26	4.4	151	3209	111	11	7	45	8	60	20	20
Pulled Pork Poutine	564 g	3328	678	75.4	28	4.4	159	3419	104	10	3	48	4	45	20	30

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TRUSTY SIDEKICKS																
Jack's Garlic Pan Bread	270 g	869	375	41.7	7	0.4	2	1542	102	4	8	22	0	2	25	45
Jack's Cheese Garlic Pan Bread	315 g	1024	494	54.9	13	0.6	29	1863	102	4	8	33	2	2	50	45
Appetizer House Salad (No Dressing)	170 g	198	95	10.5	2	0.1	1	305	23	4	6	5	100	50	10	15
• Blackberry Balsamic Dressing	2 floz	75	26	2.8	0	0.0	0	390	11	0	11	0	0	2	0	0
• Blue Cheese Dressing	2 floz	188	154	17.1	3	0.2	12	567	6	0	3	1	0	0	4	2
• Ranch Dressing	2 floz	252	234	26	4	0.4	27	523	4	0	2	1	0	0	2	2
• Balsamic Dressing	2 floz	209	188	20.9	3	0.3	0	472	5	0	4	0	0	0	0	0
• House Dressing	2 floz	310	309	34.3	5	0.5	0	306	1	0	0	0	0	0	0	2
Appetizer Caesar Salad (Dressing Included)	136 g	495	388	43.1	9	0.5	50	990	20	4	3	9	100	15	15	15
Jack's Beer & Cheddar Soup	272 g	366	229	25.4	13	0.6	60	891	19	2	4	16	10	2	50	4
Jack's Baked Potato – Plain	392 g	1003	9	1.0	0	0.0	0	64	230	17	8	27	0	100	15	60
• Loaded Only	448 g	348	302	33.5	19	0.4	89	515	2	0	1	11	4	100	25	0
• Sour Cream Only	28 g	51	37	4.1	2	0.1	12	25	2	0	1	1	0	0	4	0
• Butter Only	28 g	101	101	11.2	7	0.3	35	85	0	0	0	0	0	0	0	0
• Cheese Only	28 g	112	85	9.4	6	0.3	25	227	0	0	0	7	2	0	20	0
• Bacon Only	4 g	86	78	8.6	3	0.0	16	178	0	0	0	3	0	0	0	0
Garlic Mashed Potatoes	284 g	362	153	17.0	6	0.3	23	478	47	3	4	7	2	25	10	10
Jack's Yukon Gold Fries	227 g	692	186	20.6	6	0.5	0	1536	26	11	1	9	0	45	6	20
• Gravy	4 floz	41	11	1.2	1	0.1	2	605	6	0	1	1	0	2	0	0
Sweet Potato Fries	149 g	593	234	26.0	2	0.4	8	1124	86	11	26	4	70	100	8	6
Jasmine Rice	198 g	334	0	0.0	0	0.0	0	0	75	0	0	6	0	0	0	0

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LUSTY LEAFIES

Caesar Salad (Dressing Included)	227 g	809	653	72.6	14	0.9	82	1488	31	6	5	13	100	20	25	25
Open Sesame Salmon Salad (Dressing Included)	427 g	797	452	50.3	6	0.2	105	3184	50	5	33	40	100	70	40	20
Kung Fu Steak Salad (Dressing Included)	440 g	852	506	56.3	13	1.3	139	1411	42	6	20	44	100	100	15	30
California Grilled Chicken Salad (Dressing Included)	377 g	528	307	34.1	5	0.4	73	1716	26	5	17	29	100	40	10	20
Dressed to the Nines and Going to Buffalo Chicken Cobb Salad	560 g	1017	729	81.0	22	0.7	376	1548	30	9	23	44	100	35	35	25
The Smiling Buddha (Dressing Included)	467 g	765	423	46.9	8	0.4	92	1077	56	10	35	35	100	50	15	20
Asiago Chicken Caesar (Dressing Included)	415 g	1060	736	81.8	19	1.2	19	1995	40	7	6	44	100	20	45	30

NICE BUNS

The Classic (Add 1 Side)	265 g	914	515	57.2	23	1.9	207	1301	40	4	8	57	10	100	15	30
• Shredded Cheddar Cheese	57 g	224	169	18.8	12	0.6	51	454	0	0	0	14	4	0	40	0
• Shredded Monterey Cheese	57 g	189	153	17.0	11	0.4	47	397	0	0	0	13	2	0	35	0
• Shredded Smoked Mozzarella	57 g	170	102	11.3	7	0.6	40	386	1	1	0	16	8	0	45	0
Deluxe Bacon Cheeseburger (Add 1 Side)	298 g	1283	815	90.6	40	2.5	285	2054	40	4	8	75	15	100	60	30
Senor Jack's Jalapeno Burger (Add 1 Side)	357 g	941	485	53.9	23	2.1	215	1523	51	4	17	60	10	100	10	30
Smoky Mozzarella Burger (Add 1 Side)	378 g	1251	709	78.8	32	2.2	255	1943	60	6	10	73	15	100	40	35
Hold the Beef (Add 1 Side)	332 g	636	335	37.2	13	0.4	63	1423	48	11	8	27	15	100	15	20
Le Montreal Special (Add 1 Side)	332 g	926	446	49.5	18	1.2	159	3433	65	4	10	49	4	70	20	100
Chicken Club Sandwich (Add 1 Side)	336 g	500	364	40.4	11	0.2	135	1128	9	4	4	39	20	30	6	10
Mediterranean Chicken Focaccia (Add 1 Side)	338 g	587	200	22.2	7	0.2	104	1868	60	4	10	37	20	100	15	20
Topless Steak Sandwich (Add 1 Side)	281 g	742	386	42.9	19	0.1	184	1140	40	3	5	48	4	100	10	30

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FRESH FROM THE COOP

Cluckin' Fresh Chicken Fingers (Fries Included)	493 g	911	291	32.4	8	0.4	148	1764	105	9	2	47	6	35	10	35
• Plum Sauce	2 floz	102	0	0.0	0	0.0	0	211	25	0	24	0	20	0	0	0
• Ranch Dressing	2 floz	252	234	26	4	0.4	27	523	4	0	2	1	0	0	2	2
• Mild Sauce	2 floz	228	223	24.7	4	0.4	0	590	1	0	1	0	0	10	0	0
• Medium Sauce	2 floz	207	201	22.3	3	0.3	0	1110	1	0	1	0	0	10	0	0
• Hot Sauce	2 floz	176	168	18.6	3	0.3	0	916	3	1	1	0	25	2	0	2
• Zesty Chili Honey Sauce	2 floz	111	0	0	0	0.3	0	324	29	0	25	0	0	0	0	0
• Blue Cheese Dressing	2 floz	188	154	17.1	3	0.2	12	567	6	0	3	1	0	0	4	2

LUNCHMUNCH

Chicken Quesadilla (Add 1 Side)	247 g	690	346	38.5	20	0.6	128	1505	49	4	5	40	10	60	60	20
Zesty Chipotle Chicken Pita (Add 1 Side)	227 g	679	296	32.9	8	0.2	108	2046	56	4	4	39	20	25	10	20
Chicken Parmigiana	585 g	1122	392	41.3	20	1.1	184	1534	111	7	9	70	20	15	70	35
Thai Chicken Summer Rolls (Add 1 Side)	251 g	637	96	10.6	1	0.0	49	4230	104	4	56	24	100	90	10	8
Parmesan Chicken Bowties	454 g	1308	510	56.6	22	1.0	167	2176	136	10	9	60	20	4	60	25
Lunch Chicken Fajitas	210 g	835	322	35.8	14	0.6	121	1936	81	8	11	45	45	100	45	35
Lunch Shrimp Fajitas	232 g	981	372	41.4	15	0.6	175	2831	106	15	11	46	40	100	50	35
Lunch Steak Fajitas	248 g	987	434	48.3	17	1.0	144	2532	85	9	13	54	50	100	45	60
Lunch Tofu Fajitas	324 g	1171	548	60.9	15	0.8	49	2195	117	15	21	40	40	100	50	45
• Smoky BBQ Sauce	2 floz	35	1	0.1	0	0.0	0	241	8	0	8	0	0	0	0	0
• Teriyaki Sauce	2 floz	56	0	0	0	0.1	0	1073	12	0	11	1	0	0	0	0
• Spicy Jalapeno Sauce	2 floz	21	7	0.7	0	0.0	0	1009	3	1	0	1	30	4	0	2

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STEAK YOUR CLAIM																
Butter-Brushed Sirloin Steak (Add 2 Sides)	213 g	376	163	18.1	8	0.0	150	693	1	0	0	49	2	70	2	25
Blue Cheese Sirloin (Add 2 Sides)	255 g	512	241	26.8	14	0.3	179	749	9	1	1	56	4	70	20	25
Jack's Chicago Favourite Steak (Add 2 Sides)	317 g	756	378	42.0	10	0.0	222	993	5	2	2	86	2	100	4	45
Butter-Brushed New York Steak (Add 2 Sides)	265 g	630	272	30.2	2	0.0	187	714	1	0	0	83	2	50	4	40

CRAV-ORITES

One Really Big Meatball	615 g	906	548	60.8	11	1.1	124	2218	95	7	19	49	10	45	40	35
Shrimply Delicious Pasta	570 g	874	328	36.5	9	0.3	241	2178	80	6	15	44	15	100	35	15
Beer-Battered Fish and Chips	544 g	1179	335	37.2	7	1.1	88	3326	160	15	4	46	4	35	10	50
Chicken Parmigiana	585 g	1122	372	41.3	20	1.1	184	1534	111	7	9	70	20	15	70	35
Parmesan Chicken Bowties	510 g	1016	386	42.9	18	1.0	160	1546	103	7	8	52	20	4	45	25
License to Grill Salmon	561 g	924	336	37.3	14	0.0	160	1587	106	7	14	48	40	100	15	20
Seasoned Grilled Chicken Fajitas	340 g	1284	504	56.0	20	0.9	213	3021	111	12	16	81	80	100	70	50
Sweet & Spicy Tofu Fajitas	436 g	1553	705	78.3	21	1.0	68	2995	156	19	35	58	70	100	90	60
Sautéed Shrimp Fajitas	453 g	1577	605	67.2	22	1.0	321	4810	162	27	17	82	80	100	80	45
Seasoned Grilled Top Sirloin Steak Fajitas	395 g	1589	729	81.0	26	1.7	258	4214	119	15	20	98	100	100	80	90
• Smoky BBQ Sauce	2 floz	35	1	0.1	0	0.0	0	241	8	0	8	0	0	0	0	0
• Teriyaki Sauce	2 floz	56	0	0	0	0.1	0	1073	12	0	11	1	0	0	0	0
• Spicy Jalapeno Sauce	2 floz	21	7	0.7	0	0.0	0	1009	3	1	0	1	30	4	0	2

SLICES OF LIFE PIZZA

The Easy Sell	400 g	1199	233	25.9	20	0	98	3124	133	7	3	54	10	30	60	35
Cluckin' Good Chicken BBQ	485 g	1444	499	55.5	21	1	159	4260	155	8	26	76	15	25	60	35
Veg Out	490 g	1161	328	36.4	15	1	64	4406	148	9	8	55	80	80	80	45
Hog Wild	600 g	1480	537	59.6	22	1	14	3612	154	11	25	76	100	100	60	50

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WOK THIS WAY

Junk Boat Chicken	541 g	1115	372	41.3	11	0.0	122	1712	132	6	26	54	15	100	15	25
Crispy Honey Sesame Chicken	553 g	1166	183	20.3	3	0.0	89	1117	194	10	76	53	100	80	10	25
Sweet & Spicy Tofu Pad Thai	436 g	1010	276	30.7	4	0.2	116	2578	206	11	48	28	50	100	20	40
Chicken Pad Thai	560 g	1076	253	28.1	5	0.2	226	2547	196	11	39	57	50	100	10	35
Shrimp Pad Thai	520 g	994	227	25.3	6	0.2	326	3368	196	11	39	45	50	100	20	30

SWEET TEETH

Birthday	70 g	349	169	18.8	6	0.1	31	238	57	1	40	3	2	0	2	2
Jack's 'Corny for Caramel' Sundae	227 g	585	205	22.8	8	0.3	51	859	91	2	57	7	6	0	10	4
S'mores Sundae	220 g	663	330	36.7	18	0.5	92	304	92	3	59	6	4	0	10	10
Peanut Butter Chocolate Cookie Sundae	540 g	1302	709	78.8	40	0.2	142	770	150	7	85	14	25	25	15	35
New York Vanilla Cheesecake	296 g	1120	725	80.6	47	0.1	344	858	94	2	74	15	60	20	15	6
Paint the Town Red	285 g	968	496	55.1	35	1.4	86	629	112	5	90	11	8	15	10	30
World's Most Ridiculously Small Brownie	54 g	249	124	13.8	5	0.1	24	176	43	1	30	2	2	0	2	2
Vanilla Ice Cream	300 g	591	270	30.0	0	0	0.0	282	78	0	0	6	0	0	24	0

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SOUPS, SAUCES & DRESSINGS

ADD Asiago Chicken	110 g	251	84	9.3	4	0.3	92	508	9	1	1	31	6	2	20	6
ADD Hamburger Patty	118 g	544	325	36.2	15	1.8	163	333	0	0	0	50	0	0	8	25
ADD Roast Chicken	90 g	143	26	2.9	1	0.0	73	595	3	0	2	24	0	2	0	2
ADD Salmon	168 g	388	250	27.8	9	0.0	130	358	0	0	0	34	2	100	2	4
Crispy Onions	120 g	215	25	2.8	1	0.0	3	299	39	3	5	7	4	10	8	15
Dressing Boursin Ranch	2 floz	205	183	20.4	5	0.2	19	210	4	0	1	2	4	2	4	0
Dressing Caesar	2 floz	349	341	37.9	6	0.6	48	549	2	0	0	1	0	0	2	2
Dressing Candied Ginger	2 floz	236	196	21.7	2	0.2	0	358	10	0	9	0	0	2	0	0
Dressing Garlic & Sesame	2 floz	257	207	23.0	2	0.5	0	337	12	0	8	1	0	15	2	0
Dressing Honey Dijon	2 floz	211	163	18.1	1	0.2	0	393	12	0	11	0	0	0	2	2
Guacamole	90 g	206	163	18.2	3	0.0	0	185	13	8	2	3	4	25	2	4
Jack's Lunch Loaf	87 g	346	145	16.1	3	0.2	2	628	41	2	3	9	0	0	10	20
Jack's Salsa	2 floz	15	0	0.0	0	0.0	0	264	3	1	2	1	4	6	0	8
Nacho Chili	135 g	115	76	8.4	1	0.1	12	602	12	3	3	6	15	8	2	8
Sauce Chipotle Mayo	2 floz	130	110	12.2	1	0.2	8	861	5	0	2	0	2	2	2	2
Sauce Mushroom	2 floz	78	54	6.0	1	0.1	4	286	3	0	1	1	2	2	0	2
Sauce Roasted Garlic Aioli	2 floz	103	82	9.1	1	0.1	6	403	5	0	1	1	0	10	2	2
Sauce Seafood	2 floz	35	1	0.1	0	0.0	0	554	8	0	0	0	0	0	0	0
Sauce Tartar	2 floz	113	97	10.8	1	0.1	7	618	4	0	1	0	0	0	0	0
Sautéed Mushrooms	112 g	126	106	11.7	7	0.0	35	279	4	1	2	4	2	100	0	4

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NUTRITION INFO

The following chart outlines the nutritional value of the Jack Astor's core menu items. This does not include any menu items that Jack Astor's is currently testing or featuring for a limited time in our restaurants.

SERVING SIZE CALORIES CALORIES FROM FAT TOTAL FAT (G) SATURATED FAT (G) TRANS FAT (G) CHOLESTERAL (MG) SODIUM (MG) CARBOHYDRATES (G) FIBER (G) SUGARS (G) PROTEIN (G) VITAMIN A % V VITAMIN C %DV CALCIUM %DV IRON %DV

SOUPS, SAUCES & DRESSINGS

Soup Asian Noodle	272 g	208	46	5.1	1	0	18	1829	29	5	2	11	15	2	4	8
Soup Bolognese	272 g	327	147	16.4	8	0.5	56	1015	30	3	14	15	25	25	15	10
Soup Chicken Tequila	272 g	289	97	10.8	5	0.2	40	1001	32	3	9	16	15	15	15	8
Soup Italian Vegetable	272 g	339	113	12.5	6	0.1	29	78	40	2	2	18	0	2	6	20
Soup Moroccan Vegetable	272 g	220	33	3.6	1	0.0	0	1043	40	12	12	6	70	2	6	10
Soup Tomato & Red Pepper Bisque	272 g	440	266	29.6	16	0.3	58	1152	40	7	22	7	20	6	8	10
Tofu	90 g	130	63	7.0	1	0.0	0	230	10	0	9	7	0	2	10	10

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ALLERGY INFO

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CHEESE
PEANUT OR PEANUT PRODUCTS
TREE NUTS AND THEIR DERIVATIVES
MILK AND MILK PRODUCTS
EGGS AND EGG SOURCES
FISH
SHELLFISH
SOY
WHEAT AND GLUTEN SOURCES
SESAME SEED OR OIL
SULPHITES
GARLIC
ALCOHOL
MSG
HYDROLYZED VEGETABLE PROTEIN
SUNFLOWER SEED OR OIL
PORK
YEAST
ONIONS
RED / GREEN PEPPERS
MUSHROOMS
MUSTARD SEED OR OIL

TRUSTY SIDEKICKS

	CHEESE	PEANUT OR PEANUT PRODUCTS	TREE NUTS AND THEIR DERIVATIVES	MILK AND MILK PRODUCTS	EGGS AND EGG SOURCES	FISH	SHELLFISH	SOY	WHEAT AND GLUTEN SOURCES	SESAME SEED OR OIL	SULPHITES	GARLIC	ALCOHOL	MSG	HYDROLYZED VEGETABLE PROTEIN	SUNFLOWER SEED OR OIL	PORK	YEAST	ONIONS	RED / GREEN PEPPERS	MUSHROOMS	MUSTARD SEED OR OIL
Jack's Garlic Pan Bread	●			●		●		●	●		●	●				●		●				
Jack's Cheese Garlic Pan Bread	●			●		●		●	●		●	●				●		●				
Appetizer House Salad (No Dressing)	●			●		●		●	●		●	●				●		●				
• Blackberry Balsamic Dressing								●			●	●								●		
• Blue Cheese Dressing	●			●	●																	●
• Ranch Dressing				●	●			●				●						●	●			
• Balsamic Dressing								●			●	●	●									●
• House Dressing								●				●						●	●			
Appetizer Caesar Salad (Dressing Included)	●			●	●	●		●	●		●	●	●			●	●	●	●	●		●
Jack's Beer & Cheddar Soup	●			●				●	●			●	●					●	●	●		
Jack's Baked Potato – Plain																						
• Loaded Only	●			●												●			●			
• Sour Cream Only				●																		
• Butter Only				●																		
• Cheese Only	●			●																		
• Bacon Only																●						
Garlic Mashed Potatoes				●		●		●			●	●						●				
Jack's Yukon Gold Fries								●				●				●			●			
Jack's Yukon Gold Fries with Gravy				●				●	●		●				●	●		●	●			
Sweet Potato Fries						●					●				●	●			●	●		●
Jasmine Rice																						

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 YEAST
 ONIONS
 RED / GREEN PEPPERS
 MUSHROOMS
 MUSTARD SEED OR OIL

LUSTY LEAFIES

Caesar Salad (Dressing Included)	•			•	•	•		•	•		•	•	•		•	•	•	•	•		•
Open Sesame Salmon Salad (Dressing Included)		•	•	•	•	•		•	•	•	•	•	•		•		•	•	•		•
Kung Fu Steak Salad (Dressing Included)				•	•			•	•	•	•	•	•	•	•			•	•		
California Grilled Chicken Salad (Dressing Included)			•					•			•	•	•								•
Dressed to the Nines and Going to Buffalo Chicken Cobb Salad	•			•	•			•	•		•	•	•	•	•	•	•	•	•	•	•
The Smiling Buddha (Dressing Included)	•	•	•	•				•	•	•	•	•			•			•	•		•
Asiago Chicken Caesar (Dressing Included)	•			•	•	•		•	•		•	•	•		•	•	•	•	•		•

NICE BUNS

The Classic (Add 1 Side)				•	•			•			•				•		•	•			•
• Shredded Cheddar Cheese	•			•																	
• Shredded Monterey Cheese	•			•																	
• Shredded Smoked Mozzarella	•			•																	
Deluxe Bacon Cheeseburger (Add 1 Side)	•			•	•			•			•				•	•	•	•			•
Senor Jack's Jalapeno Burger (Add 1 Side)	•			•	•			•			•				•	•	•	•	•		
Smoky Mozzarella Burger (Add 1 Side)	•			•	•			•			•				•	•	•	•	•		•
Hold the Beef (Add 1 Side)	•			•	•			•	•		•	•			•		•	•			•
Le Montreal Special (Add 1 Side)				•				•	•		•	•					•				•
Chicken Club Sandwich (Add 1 Side)				•	•			•	•		•	•			•	•	•	•	•		•
Mediterranean Chicken Focaccia (Add 1 Side)	•			•	•			•	•		•						•	•			•
Topless Steak Sandwich (Add 1 Side)				•				•	•		•	•	•		•	•	•	•	•	•	•

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 MUSHROOMS
 MUSTARD SEED OR OIL

WOK THIS WAY

Junk Boat Chicken				●				●	●	●	●	●								●	●			
Crispy Honey Sesame Chicken								●	●	●	●	●									●	●		
Sweet & Spicy Tofu Pad Thai		●	●		●	●	●	●	●	●	●	●		●							●	●		
Chicken Pad Thai		●	●		●	●	●	●	●		●	●		●							●	●		
Shrimp Pad Thai		●	●		●	●	●	●	●		●	●		●							●	●		

SWEET TEETH

Birthday				●	●			●	●		●												
Jack's 'Corny for Caramel' Sundae		●	●	●				●	●	●	●				●								
S'mores Sundae		●	●	●	●			●	●		●		●										
Peanut Butter Chocolate Cookie Sundae		●	●	●	●			●	●		●		●		●								
New York Vanilla Cheesecake	●		●	●	●			●	●		●												
Paint the Town Red	●	●	●	●	●			●	●		●		●										
World's Most Ridiculously Small Brownie				●	●			●	●		●												
Vanilla Ice Cream				●																			

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