

MOMTAMAGRILL

## GLUTEN-FREE MENU

SCRATCH KITCHEN, NO SHORTCUTS
RANCH-RAISED BISON, AN AMERICAN SUPERFOOD
BURGERS GROUND IN-HOUSE TWICE DAILY
HAND-CUT PREMIUM STEAKS
FRESH INGREDIENTS, LOCALLY SOURCED

## STARTERS

Homemade Chips

Grilled Shrimp Order without Parmesan ciabatta

## GREENS

Please order salads without croutons.
Traditional Ranch, "BLT" Ranch, Basil Vinaigrette, Lemon Vinaigrette, Blue
Cheese, Honey Mustard, "Eggless" Caesar and Olive Oil \& Red Wine Vinegar

Wedge
House
Caesar
Kale
Chopped
Order without Parmesan ciabatta

## Balsamic Blue Steak*

Order without fried onion straws
Caesar
GRILLED CHICKEN
CEDAR PLANK SALMON* GRILLED SHRIMP

Chicken Chopped

Order without Parmesan ciabatta

## Big Sky Grilled

grilled chicken | beef burger* BISON BURGER* I CEDAR PLANK SALMON*
Farmhouse
Order without chicken

Cedar Plank Salmon* Salt-and-Pepper Trout Roast Turkey (sunday only)
Order without dressing and gravy

## Prime Rib*

 (SELECT LOCATIONS)Order without au jus
Ted's Filet*
BEEF \| BISON

Kansas City Strip* BISON
Delmonico* BEEF | BISON

## Roasted Asparagus

Vine-Ripened Tomatoes
Parmesan Roasted Broccoli
Buttered Carrots
Fresh-Cut Fries

Garlic Mashed Potatoes
Order without gravy
Kale Salad
Baked or Sweet Potato (After 4 p.m.)

# BURGERS* 

Choose freshly ground All-Natural Bison, Certified Angus Beef or Grilled Chicken Breast. Served with fresh-cut fries. We proudly offer Gluten-Free buns for $+\$ 1$.

Naked

Perfectly simple

## Cheese

American, cheddar, horseradish cheddar, pepper jack or Swiss

Ted's Bacon Cheeseburger
Cheddar or Swiss, bacon, grilled onion
Blue Creek
Blue cheese, bacon
Swiss and Mushroom
Swiss, mushroom, sour cream

## Avalon

Gruyère, blue cheese, bacon carmelized onions, roasted garlic aioli, baby arugula

## Skinny Dip

Bunless, avocado, with vine-ripened tomatoes and kale salad

## Canyon Creek

Cheddar, bacon, jalapeño, blackberry jam, fried egg*

## Kitchen Sink

American, grilled ham, bacon, grilled onion, mushroom, fried egg*

Bar None Sliders ${ }^{\text {SM }} \quad$ Cedar Plank Salmon Steak and Fries

Order without roll

Menu items are prepared to order so slight variations may be present. Occasionally, recipes may change, ingredients altered, and products may vary by local vendor or Ted's Montana Grill Location. Allergen information was gathered by approved product manufacturers. Products may come in contact with each other during preparation.

The nutritional and dietary recommendations were prepared for Ted's Montana Grill by Registered Dietitians of EcoSure ${ }^{S M}$, a service of Ecolab ${ }^{\circledR}$ (a third-party consultation service) as a service to our customers. Ted's Montana Grill, EcoSure ${ }^{S M}$ and Ecolab ${ }^{\circledR}$ assume no responsibility for its use and any resulting liability of consequential damages is denied. This information should not be considered a substitute for individualized medical advice from personal physicians or registered dietitians.

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[^0]:    * NOTE: ITEMS ARE SERVED RAW, OR UNDERCOOKED, OR MAY CONTAIN RAW OR UNDERCOOKED INGREDIENTS. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

